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D

Filled with Peace, Love, Harmony and Joy.



Holiday Deadline Notice

In Observance of Christmas & New Year's Holidays Our Office will be Closed on Monday, December 26 & January 2

Please Note Our Early Deadlines for the December 29 issue: Display Ads: Friday, December 23 at 5pm Classified Ads: Tuesday, December 27 at 1pm

For the January 5 issue:Display Ads: Friday, December 30 at 5pmClassified Ads: Tuesday, January 3 at 1pm

DelCo supplemental ambulance service is operational

By Mary A. Crisafulli

DELHI - Delaware County Emergency Services Director Steve Hood provided data from the first two weeks of the county's supplemental ambulance service contracted with AMR (American Medical Response) at a public safety committee meeting Dec. 12. The \$1.9 million supplemental service started Dec. 1, with two basic life support vehicles (ambulances) and one advanced life support vehicle (fly-car) providing 24-hour-a-day, seven-days-a-week service. Two vehicles are stationed in Hamden, and another at Pindars Corners. During the first two weeks of service, AMR answered 81 calls, conducted 24 hospital transports, and assisted 10 agencies. On average, the supplemental ambulance service is dispatched six to 10 times a day. There were a total of 39 canceled calls, Hood reported. Cancellations are

due to a local agency responding first or a patient no longer in need of medical attention.

Dispatch protocol for the supplemental service varies, said 911 Coordinator Mark Rossley. Eight of the county's 20 districts have automatic mutual aid, which means all available services in the vicinity are called out simultaneously. The other districts have various protocols for how many minutes the local service has to respond before AMR can be called out, said Rossley. Typically, there is a 10-minute hold for the second called ambulance, he added. After a month of supplemental service, dispatchers will have a better idea of who to call out, and cancellations are expected to decrease, he said. Several committee members felt a 10-minute wait for an ambulance to be on its way was too long. Committee Chairperson Wayland "Bud" Gladstone asked Hood and Rossley if

it was in the committee's authority to make a universal response time protocol.

Calls for cardiac events are considered "eco" calls which means all first responders are aware and, if available, can react to the call immediately, said Hood. Local responders want to provide a service for their communities, he said.



The 10-minute wait allows them some time to get out of bed and get to their station to answer the call, Rossley added.

Several supervisors suggested changing the protocol to allow both the supplemental ambulance and volunteer crews to respond simultaneously, and if the local agency responds, cancel the supplemental service.

The issue , Rossley said, is if the supplemental service is on site before the local agency responds, the supplemental service is not available for a life-threatening call if needed.

Ultimately, Hood said

99

Mary A. Crisafulli/Decker Advertising

ake One

Week of December 22 to December 28, 2022

PRST STD U.S. POSTAGE PAID DECKER ADV.

AMR (American Medical Response) Emergency Response Technicians Taylor Roe and Alexis Gombach with one of Delaware County's ambulances.

the EMS Advisory Board and Fire Advisory Board should decide on changing the hold times. Conversations will be ongoing as more data is collected, Hood continued.

Mason Supervisor Betty Scott agreed that more data is needed to make a decision regarding hold times. As an example, she said, if most of the calls are transports or not life-threatening and the supplemental service is not available for an eco-level call, a change might need to be made.

Supervisors requested response times and location of calls be made available to them with the next update report. Rossley reported no calls were responded to be the supplemental service in the Hancock area, and five calls and one hospital transport were responded to in Sidney.

The next Public Safety Committee meeting is scheduled Monday, Jan. 9, at 11:30 a.m.

Season's Sectors Wishing all of our Customers the Very Best

Thank Your Customers for their support

with a Holiday Greeting in The County Shopper

No stamps to buy and no addressing envelopes.

Order Today, we'll help create a message for you!

<u>Issue Date</u> Dec. 29

Date <u>Deadline</u> 9 Fri., Dec. 23, 5pm 607-746-2178 Monday - Friday 8:30-5 39 Elm Street, Delhi

HOSKING SALES LLC CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock. Let's keep the cattle in the marketplace to help the competition – sending direct gives you no competition.

 $\begin{array}{l} \textbf{Mon. Dec. 19th - Sold 185 head - Cull Dairy ave. $.66 top cow $.80, cull beef cows $.59 - $.81, Bulls/Steers $.91- $.94, bull calves top $1.05, heifer calves $.15 - $.60, Dairy feeders $.50 - $.86, Feeder bulls $.95 - $1.01, Dairy Milking age top $1500, Goats top $250, Lambs 60# - 93# $1.60 - $2.08, Cull Sheep $.71 - $.85. \end{array}$

Mon. Dec. 26th - Normal Monday Sale & Monthly Organic Day. Already coming a 3 yr. old fat Sow, 7 piglets (gilts or barrows) all in great shape & weaned.

Mon. Jan. 2nd – Normal Monday Sale & Monthly Fat Cow & Feeder Sale Mon. Jan. 9th – Normal Monday Sale & Monthly Heifer Sale. This will be our New Year's Dairy Sale to consign your group give us a call asap to get into special advertising.

 $\mbox{Mon. Jan. 16th}$ – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale

Mon. Jan. 23rd - Normal Monday Sale & Monthly Organic Day Mon. Jan. 30th – Normal Monday Sale

HOSKING SALES & CREW WANT TO WISH EVERYONE A HAPPY & HEALTHY HOLIDAY!!

UPCOMING SALES:

2023 – Sat. Mar. 25th – 11:30Am - Spring Premier All Breeds Sale – Selling 125 Head of Registered All Breed Dairy Cattle – this is the place to find those early showage heifers and cows!

OUR CAFÉ IS ALWAYS OPEN EVERY SALE DAY - COME IN AND ENJOY A GREAT MEAL WITH MISSY!

WATCH FUTURE ADS ON UPCOMING SALES WE HAVE IN THE WORKS IF YOU HAVE SOMETHING TO SELL IF ITS ONE OR A WHOLE HERD LET US HELP YOU THROUGH THE PROCESS.

**Trucking Assistance – Call the Sale Barn or check out our trucker list on our Web site. Call to advertise in any of these sales it makes a difference. Watch website for any last-minute updates.

Directions: Hosking Sales LLC 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

www.hoskingsales.com Like us on facebook Hosking Sales Tom 607-972-1770, Brenda 607-972-1771, Dan Hosking 607-972-8773, Office 607-847-8800.

ANTIQUES

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TO BUY - ANTIQUES AND old things. From jewelry & watches to rugs, lamps and art. From country furniture to Danish modern design. Things from your attic, basement or barn. One item or entire estate. Call Carl Eklund 607-287-6258 or Steve & Hilary Eklund 607-435-1851. No obligation. CB0AQd

FRUIT TREE PRUNING Bob's Tree Service 607-746-3365 Sept-April is the time to prune fruit trees. We do Ig. & sm. orchards, grape vines, ki-wi & blueberry bushes. www.bobsfruittreepruningny.com



COMPUTERS

ICO COMPUTER REPAIR. We sell & repair laptops & desktop computers, IPhones, and Mac computers. We even make house calls! Monday- Friday 10:00-5:30. Saturday 10-3. 247 Delaware Street, Walton, 607-865-5775. CB9CCdu

GENERAL

UNIQUE TREASURE; ANtique gaming box. Contains; board, cards, chips, checkers, chess, dominos, dice. \$25. 845-254-9955. O51Gdu





HAT SEASON. MULTI styles; suede, mohair, berets, cowboy, earflaps, safari, hand knits. \$10. 845-254-9955 O51Gdu

GOURMET CHEFS; SMALL hand grinder. Incorporate herbs, spices, expand cooking skills/recipes. \$10. 845-254-9955. O51Gdu

PET BEDDING

FREE STRAW BEDDING for your doghouse or cat house to help keep your pets warm when they are outside this winter. Free straw can be picked up Tuesday - Saturday, 12pm to 4pm at the Heart of the Catskills Humane Society, 46610 State Highway 10, Delhi. Remember to provide proper shelter from snow and rain, fresh water and extra food, and please bring your pets inside when the temperatures drop and the weather is inclement. O52Gdu

ENTERTAIN, HOST, lounge comfortably. Unique, authentic Egyptian caftans. Casual/Elegant. His/Hers. \$25. 845-254-9955. O51Gdu

NEW HOURS

DECKER ADVERTISING, publisher of the County Shopper, has new office hours. They are 8:30 AM to 5:00 PM, Monday through Friday. 39 Elm Street, Delhi, NY 13753. 607-746-2178. O1Gdu

COMMUNITY CALENDAR

FOR A COMPLETE LIST OF EVENTS AND MEETINGS SEARCHABLE BY DATE, CATEGORY AND LOCATION GO TO WWW. COUNTYSHOPPERONLINE. COM AND CLICK ON CALENDAR.

Thursday, December 22

Bowling: Unadilla Valley at Hancock, 3:45pm; BG at Sidney, 3:45pm: .

Boys Basketball: Greene at Unatego/Franklin, 7pm; Sidney at Deposit/ Hancock, 7pm; Oxford at Bainbridge Guilford, 7pm; Lee Fisher Varsity Tournament at Charlotte Valley Central School, 5:30pm - CVCS, Afton, Stamford, Worcester.

Crafts & Creations w/Miss Cassandra: 3-4pm at the Sidney Memorial Public Library. Join Miss Cassandra for fun Crafts, Science Experiments, STEM, & more! This class is inperson, so you must call to register, as space is limited. Call 607-563-1200 or email si.cassandra@4cls. org TODAY!!!.

Food Pantry: Food Pantry at The United Ministry on the Square in Delhi. Thursdays 3:30-5:30pm. Closed on holidays.

Girls Basketball: Chenango Forks at Sidney, 7pm; Unatego at Walton, 7pm; CVCS at Gilbertsville Mount Upton 4:30pm; .

Mahjong: Every Thursday, 5:30pm-7:30pm at William B. Ogden Free Library, 42 Gardiner Place, Walton NY, 13856 Now starting at an earlier time! This is for everyone who loves to play or wants to learn how. Bring a friend or come alone. All skill levels are welcome. Meet on our main floor.

PreschoolStoryTime:Thursdays, 10am-10:30am



take advantage of the RLA Thrift Shoppe's ongoing fill-a-bag sales. For further information contact Roxbury Library Director Dian Seiler or Roxbury Library clerical staff at 607-326-7901. The RLA recommends the wearing of facial masks and the practicing of social distancing for all individuals at risk of contracting COVID-19.

Wrestling: Unatego/Unadilla at Oneonta, 6pm; Greene at Binghamton, 6:30pm;.

Friday, December 23

Lego Club: Every Friday, 3:30pm-4:30pm at William B. Ogden Free Library, 42 Gardiner Place, Walton NY, 13856 Kids in grades K-5 will gather on the lower level of the library. Legos are provided, along with a monthly building challenge. Creations will be displayed in the library's display case. Join us this month as we make dinosaurs.

Living Nativity: The First Presbyterian Church of Delhi invites the community to our "still-life" Living Nativity, complete with music and live animals, in front of the church at 4 Clinton Street. This event will take place on Friday, December 23rd from 5:30 until 7:30 p.m. The church is inviting the entire community to take part. A drop box will be available for the collection of canned goods for the Delhi Food Bank. Volunteers are still needed for the Living Nativity. For more information or to sign up to take part in this event please contact the church office at 607-746-2155. Please join in this time of rejoicing!.

PHCC Food Pantry: Pine Hill Community Center, Fridays 11am-4pm Take what you need. Donate what you can. Drop off at

the PHCC.

PHCC Thrift Shop: Open Fridays, 11am-3pm Stop by and Shop. Located at Pine Hill Community Center.

COUNTY SHOPPER

Storytime: Every Friday, 10:30am-11:30am at William B. Ogden Free Library, 42 Gardiner Place, Walton NY, 13856 Join Amber on the lower level of the library for rhymes, songs, and stories sure to entertain your littles! Each meeting includes a simple craft.

Saturday, December 24

Christmas Eve Service: Dec. 24th 6pm at Abundant Life Church in Delhi Christmas Eve Service.

PHCC Thrift Shop: Open Saturdays, 11am-4pm Stop by and Shop. Located at Pine Hill Community Center.

Monday, December 26

Food Pantry: Food Pantry at The United Ministry on the Square in Delhi. Mondays 1-3pm. Closed on holidays.

PHCC Thrift Shop: Open Mondays, 11am-3pm Stop by and Shop. Located at Pine Hill Community Center.

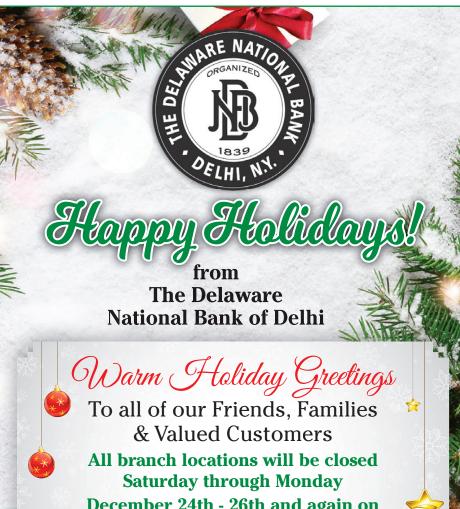
Virtual Minecraft Club: Virtual Minecraft Club meets every Monday 3:00-4:00 for ages 8-17. Participants must sign-up to participate, have their own copy of MineCraft Education Edition, and access to Zoom. Participants will meet on Zoom at 3:00 for the private link to our world and their sign-ons. We will complete a learning objective and then have "free" build at the end. Make sure to call the Sidney Memorial Public Library today to sign-up, as there is limited spaces @607.563.1200.

continued on page 3

with a classified.



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December 24th - 26th and again on December 31st – January 2nd

For your banking convenience, please access your accounts using online banking or one of our ATMs

Tele. 855.413.3544 • www.dnbd.bank Follow Us! **f @ FDC** at Stamford Library All preschool-age children and their parents or caregivers are invited to join the students from Kiddie Corner at the library for a fun time of falling in love with books and reading!.

Roxbury Holiday Bazaar: Starting on Saturday, Nov. 5, the same day as the Jay Gould Church Holiday Bazaar, and ending on Thursday, Dec. 22, the Roxbury Library Association (RLA) welcomes the public to the RLA Annual Holiday Bazaar shopping festivities at the Roxbury Library. The RLA Annual Holiday Bazaar will offer holiday shoppers the opportunity to purchase quality RLA Thrift Shoppe merchandise, Irma Mae Griffin's "History of the Town of Roxbury" and 2022 quilt raffle tickets for the queen-sized "Squares of Many Colors" quilt and a lap-sized "Victorian Hearts and Flowers" quilt. Shoppers can also



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Thank you for your patronage and friendship this holiday season and all year. Happy Holidays, to all!

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Rearrange the letters to spell something pertaining to adoption.





Find the answer on page 11





CALENDAR

continued from page 2

Tuesday, **December 27**

Boys Basketball: Pat Grosso Tournament at Laurens - Laurens/Milford, Afton, Walton; BG at Sus. Valley 7:15pm; Schenevus at Charlotte Valley 2:30pm;

Downsville Holiday Tournament - Downsville, Margaretville, Deposit/ Hancock, Roscoe; ECS Christmas Tournament at Edmeston - Edmeston, Sidney, Morris;.

Girls Basketball: Kazalski Tournament at Bainbridge - BG, Harpursville, Tioga, Downsville; ECS Christmas Tournament at Edmeston - Emeston, Sid-

~ Card of Thanks ~

The Delhi Clergy Association would like to extend a sincere thank you to all of the local businesses and community members that contributed supplies, food, monetary donations and volunteer time to this year's Annual Community Thanksgiving Dinner. We would also like to thank the many local churches that provided food for the dinner as well. Without the generosity of our community this would not have been possible.

God has truly blessed us that we are able to live in such a wonderful community with so many people willing to help make this annual event such a tremendous success.

After two long years of a pick-up only style dinner through the pandemic, we were finally able to have a great dinner in person. Through the kindness of all involved we were able to provide over 320 meals to our neighbors and

friends! What an amazing time we had seeing people for pick-up and to be sitting down to eat in person while catching up with friends and family! We look forward to serving an even greater number next year!

God Bless, The Delhi Clergy Association







ney, Morris;.

In-Person Minecraft Club: In-Person MineCraft Club at the Sidney Memorial Public Library meets ev-ery Tuesday 3:30-5:00 for ages 8-17. Participants must be registered! Call 697-563-1200 to sign-up! We will complete a learning objective and then have "free" build at the end. Make sure to call the library today to sign-up, as there is limited spaces @607.563.1200.

Knit & Crochet Group: Every Tuesday, 3pm-4pm at William B. Ogden Free Library, 42 Gardiner Place, Walton NY, 13856 Community members are gathering on the main floor of the library for yarn crafts and conversation. Bring the project you are working on and enjoy friendly conversation as you knit and crochet.

Music for Munchkins: This program is for children up to age 5. We'll have fun with musical instruments, songs, movement activites and more. Meets every other Tuesday 11-11:30am at the Sidney Memorial Public Libaray.

Story Time: Join us for nusery rhymes, simple stories, songs and more at the Sidney Memorial Public Library. Every Tuesday at 10am.

Toddler Rhyme Time at the Cannon Free Library: Every Tuesday, 10:30am-11:30am at Cannon Free Library, 40 Elm St, Delhi NY, 13753 An interactive program featuring repetitive songs, finger plays, and motion. We read one short book and color pictures. Ages 0-3.

Winter Track: CNY Holiday Classic at Utica College -Sidney;.

Wrestling: Oneonta JV Wrestling Tournament -ABGH, Sidney, Unatego/ Unadilla Valley;

Wednesday, December 2

Whitney Point - Unatego/ Franklin:

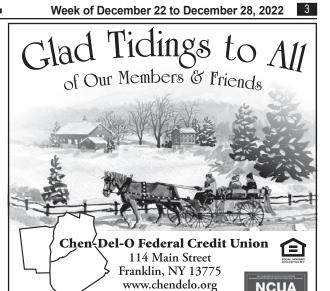
Delhi Farmers Market: Every Wednesday Oct. through April from 9 a.m. to 2 p.m. at the Delhi American Legion.

Girls Basketball: Kazalski Tournament at Bainbridge - BG, Harpursville, Tioga, Downsville; ECS Christmas Tournament at Edmeston - Emeston, Sidney, Morris; Ray Preston Varsity Tournament at Charlotte Valley - Morris, Worcester; Schenevus, Dick White Tournament at Cooperstown - Hamilton, Unatego, Whitesboro, Notre Dame (Utica), Oxford, and Richfield Springs;.

Helios Care Adult Grief Support Group - Cobleskill: Cobleskill United Methodist Church, 107 Chapel Street, Cobleskill. Meets the fourth Wednesday of every month from 5:30-7:00pm. Groups are free and open to all adults. Visit HeliosCare.org for more information.

History Room Research Assistance: While the history room at the Stamford Library is open and available whenever the library is, researchers can receive one-onone assistance from our qualified archivist Karen Cuccinello Wednesdays from 10 a.m. to 12 noon. Whether you're researching local history or tracking down distant relatives to advance genealogi-cal research, if it's in the Stamford Library collections, Karen can help you find it!.

Knitting Group: Wednesdays, 7pm-9pm at Stamford Library All who knit, crochet, quilt, do needlework, crewel, embroidery, etc. of all levels, including those who would like to learn are welcome and encouraged to join. Help and encouragement while you work on your own projects will be provided - and good conversation and company too!.



607-829-3560

ego, Whitesboro, Notre Dame (Utica), Oxford, and Richfield Springs.

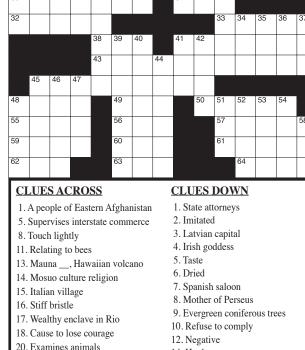
Preschool Story Time: Thursdays, 10am-10:30am at Stamford Library All preschool-age children and their parents or caregivers are invited to join

the students from Kiddie Corner at the library for a fun time of falling in love with books and reading!.

NCUA

Wrestling: Windsor Tournament - ABGH, WDA, D-H, Sidney; Mountain Duals at Johnstown - Unatego/Unadilla Valley.





14. Hyphen 21. Ethnic group of Laos and 19. A way to record 23. Not good 22. Gets rid of 24. One who tends the furnace 25. Having easily perceived 25. Small amount 26. Relative biological effective-30. Removed surgically ness (abbr.) 31. Principle underlying the 27. The whole quantity 28. __King Cole, musician 32. Popular airline 29. One's opinion 34. Holds ashes 33. Antelopes 35. Stablecoin cryptocurrency 38. Peacock network 36. Side-blotched lizards genus 41. Utter repeatedly 37. Legislator (abbr.) 43. One from the Golden State 39. Concentrated bombardment 45. Photographers 40. Took for oneself 41. Nigerian City 49. Popular BBQ dish 42. Thousands of pounds 50. Cavalry sword 44. Inspired 55. Ancient Greek sophist 45. Secret clique 56. Atomic mass unit 46. Expression 57. Afflicted in mind or body 47. Dough made from corn flour 59. Indian mythological figure 48. Comedian Carvey 60. Mild expression of surprise 51. Swiss river 61. Jewish spiritual leader 52. Prejudice 53. Actor Idris 63. Doctor of Education 54. Resistance fighters 64. Impudence 58. Criticize

Thailand

thoughts

universe

48. Father

62. Brew

CROSSWORD ANSWERS ON PAGE

2022 Adult Grief Support Group: Helios Care adult grief support groups are free monthly drop-in groups open to all members of our community 18 and over. Groups are facilitated by staff specifically trained in grief and loss. Attendees have a safe place to focus on understanding the grief process, making sense of the strong emotions, and learning from other community members.

Bingo at the Delhi American Legion: Bingo at the American Legion at 41 Page Avenue at 7:00 p.m. every Wednesday. Sales start between 6:00 p.m. and 6:30 p.m. Play begins at 7:00 p.m. You must be 18 or older to play.

Bowling: Holiday Tournament at Hancock - Hancock, Deposit, Afton/Harpursville, Unadilla Valley, Downsville 10am:

Boys Basketball: Pat Grosso Tournament at Laurens - Laurens/Milford, Afton, Walton; Downsville Holiday Tournament -Downsville, Margaretville, Deposit/Hancock, Roscoe; ECS Christmas Tournament at Edmeston - Edmeston, Sidney, Mor-Chenango ris; Vallev Christmas Tournament at



4

- PHCC Thrift Shop: Open Wednesdays, 11am-3pm Stop by and Shop. Located at Pine Hill Community Center.
- Tri County Dance Club: Tri County Dance and Social Club. Dance at VFW 133 West Street Sidney, NY Everv Wednesday 6-9:30. DJ Steve Rutherford. Band once a month.

Wrestling: Windsor Tournament - ABGH, WDA, D-H, Sidney;.

Thursday, December 29

Bovs Basketball: Chenango Valley Christmas Tournament at Whitney Point -Unatego/Franklin;.

Crafts & Creations w/Miss Cassandra: 3-4pm at the Sidney Memorial Public Library. Join Miss Cassandra for fun Crafts, Science Experiments, STEM, & more! This class is inperson, so you must call to register, as space is limited. Call 607-563-1200 or email si.cassandra@4cls. org TODAY!!!.

Dungeons & Dragons Game Night!: Thursdays, 7pm-9pm Gather to play Dungeons & Dragons on the first, third, and when there is one, fifth Thursday of every month at the Stamford Library! All gaming supplies are provided!.

Food Pantry: Food Pantry at The United Ministry on the Square in Delhi. Thursdays 3:30-5:30pm. Closed on holidays.

Girls Basketball: Dick White Tournament at Cooperstown - Hamilton, Unat-





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4 Week of December 22	to December 28, 2022	www.countyshopperonline.com	COUNTY SHOPPER
	. O A J D A B A A W N A N I L / E T S A E K 0 L I S H E S	THE DELAWARE NATIONAL BANK OF DELHI	
A B L A T E D D E L T A T E D D E L T A T E D V F A A T E D V F A A F A A V F A A C A A I V F A M E R A M D A D A F R I B A B A S F A M I A B A S I A M I A B A S I A M I I A B A S I I I I I A I I I I I I I A	Image: Definition of the series of the se	Earn .50% APY on Savings Accounts Effective as of 9/26/2022 COMPARE TO OUR COMPARE TO OUR COMPETITORS' RATES!	
County Shopper 39 Elm Street Delhi, NY 13753 MonFri. 8:30am-5pm countyshopperonline.com	A little ink will move your furniture. Sell it in a snap with a classified. SHOPPER 607-746-2178 FAX: 607-746-6272	 Bank Fees May Reduce Earnings Interest Rate May Change at Any Time After Account Opening CHECK OUT OUR NEW CD RATES TOOL www.dnbd.bank 	Follow Us! Image: Content of the second
Phone 607-746-2178	How to	prepare for winter storms	Did you know?

How to prepare for winter storms



Winter arrives with fanfare as Christmas, Chanukah and New Year's Eve all take place within days of the first day of the season. Parties and shopping may distract people from the weather around them, but after resolutions are made and the decorations are packed away, it's not long before it's time to confront winter's wrath.

Storms are commonplace in January and February in many parts of the world, and even March storms are not unheard of. Knowing how to prepare for storms can keep people safer and prevent home damage. If a storm is forecasted, follow these guidelines.

goes out.

• Stock the home with extra batteries for flashlights and battery-powered devices, such as a portable radio.

• Invest in a car charger to charge devices if the power is out for some time.

• Keep a supply of canned or boxed nonper*ishable items,* as well as convenience foods that do not need to be cooked, like granola bars.

• Periodically check to ensure that the first aid kit is stocked with items that have not expired.

• Refill medications so

out to protect against a surge and damage when the power is restored.

• Exercise caution when burning candles, opting for flashlights and lanterns instead.

• If it's very cold outside, move refrigerated and frozen items outdoors so they do not spoil in an unpowered refrigerator.

• Do not use gas stoves, charcoal grills or other open-flame heat sources for warmth indoors. Carbon monoxide gas can build up inside and prove deadly.

• Follow the manufac-

Did you know?

Thanksgiving. Curiously,

the researchers found that

the majority of weight gain

occurs in the 10 days after

Christmas.

Adhering to a nutritious diet can be challenging at any time of year, and especially so during the holiday season. Baked goods and big meals are at seemingly every turn come the holiday season, and that can test even the most devoted dieters. In fact, a 2016 study published in the New England Journal of Medicine found that the average American's weight increases by 0.4 percent over Christmas and 0.2 percent over

> Y SHOPPER I am an actress born in California on

December 8, 1964. I was once employed as an NFL cheerleader for the San Francisco 49ers. I've played both a reporter seeking out a superhero and a meddling, upper crust housewife on two popular TV shows.

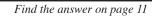
We Wish All Of You A Blessed Christmas

- The Daniel Weaver Family & Staff

See Us For Your Last Minute 😹

Gift Baskets

Holiday Shopping Needs



Publishers: Randy & Kim Shepard **Production Manager:** Kaci Anderson

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• Charge a mobile phone and other electronic devices to full battery in advance of the storm in case power



ARIES - MAR 21/APR 20

Don't fret, Aries. No news is good news while you're waiting around to hear about something important. Give it a few more days and your waiting time will be over.

TAURUS - APR 21/MAY 21

If you are thinking about changing careers, you probably should wait until the holidays are over. No one's mind is on the job these days, so waiting is the wiser move.

GEMINI – MAY 22/JUN 21

Consider all sides of a situation before you offer your opinion, Gemini. This way you have the facts and will not inadvertently alienate someone

CANCER - JUN 22/JUL 22

When someone turns to you for help, you do not hesitate to do all that you can, Cancer. Just be sure you do not to overwork yourself. Take on only what you can manage.

LEO - JUL 23/AUG 23

You've bitten off quite a lot lately, Leo. Fortunately, you have a good support system that can help you out when you need a helping hand. Rely on them as much as necessary.

VIRGO – AUG 24/SEPT 22

Take a few days to sit back and rest and recharge. It will afford you an opportunity to plan for the future, as this may be a period of unrest for you

LIBRA - SEPT 23/OCT 23

You've been placed in a new role and you're loving every minute of it, Libra. Enjoy the moments while they last. This may be what you're meant to do.

SCORPIO – OCT 24/NOV 22

Scorpio, you might want to take it easy and stick close to home for the time being. You need to regroup and focus anew. You can do that more easily without distractions.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, your to-do list might be growing longer, but tackle one thing at a time rather than getting overwhelmed. Reach out to a loved one for assistance.

CAPRICORN – DEC 22/JAN 20

Success is within reach, Capricorn. Do not be surprised if others are a bit jealous of your accomplishments and want to pull you down. Ignore the naysayers.

AQUARIUS - JAN 21/FEB 18

You have a plan but others are not falling in line right now, Aquarius. It may take time before others come around to your way of thinking. Be a little more patient.

PISCES - FEB 19/MAR 20

It's a fine balance between work and play right now for you, Pisces. You're tempted to forego all responsibilities, but that wouldn't be smart.

FAMOUS BIRTHDAYS • DECEMBER 18 Brad Pitt, Actor (59) DECEMBER 19 Alyssa Milano, Actress (50) DECEMBER 20 Jojo, Singer (32) DECEMBER 21 Emmanuel Macron, Politician (45) DECEMBER 22 Meghan Trainor, Singer (29) DECEMBER
 23 Finn Wolfhard, Actor (20) DECEMBER 24 Louis Tomlinson, Singer (31)

that they are on hand in the event weather makes it challenging to get to the store.

• Keep emergency supplies of bottled water. If you forget this, fill the bathtub up with fresh water. Extra water will be needed for toilet flushing if yours is a septic system.

• Have warm blankets on hand and sleeping bags for each person in the home.

• Unplug all electronic *devices* if the power goes

THE DELAWARE COUNTY **ELECTRIC COOPERATIVE** AND SELF GENERATION

In 2011 the New York Power Authority (NYPA) offered grants to DCEC members to encouraged renewable energy growth. NYPA realized that member renewables strengthen and diversify the grid and support a healthy environment.

The DCEC amended its statues essentially stifling that growth. It is only because of NYPA, Niagara Falls and pumped hydro that the DCEC sells clean renewable energy.

If you have, or plan to install, an intertie grid system and are serviced by the DCEC you will be paid for the energy you produce annually at wholesale rates and your monthly bill will not be reduced by the energy you produce. The DCEC does not net meter.

Since the DCEC is a cooperative it is not subject to PSC (Public Service Commission) net metering statutes that benefit other utility customers. Those bills are directly reduced by the energy customers produce, if you produce one watt and use two watts, you are charged for one watt. It's an equitable system utilized by New York State utilities - except the DCEC.

The DCEC has not responded as to why.

I bring this information to my community freely and fairly without political or personal agendas or gains and without bias or animosity to the DCEC or any of its employees.

> Robert Dee, BS Electronic Engineering, Veteran

turer's instructions when using a backup generator for power.

• Stock up on gasoline for vehicles and to power gas-driven generators.

• Use power company websites and apps to report outages and stay apprised of restoration status. • Be cautious of downed power lines in the area

when driving or walking. Winter storms can be beautiful but dangerous

without ample preparation.



COUNTY SHOPPER

Week of December 22 to December 28, 2022 5

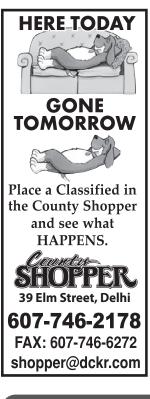


How to host a New Year's brunch

New Year's Day unofficially marks the end of the holiday season. After the turkey and trimmings of Thanksgiving and the gifts galore of Christmas and Chanukah, New Year's presents one final chance to toast to fun and fortune.

Chances are good that after an evening of ringing in the New Year and dancing until dawn, most people sleep in and catch up on a few extra hours sleep on January 1. Breakfast may come and go before tired revelers are ready to greet the day. That is what makes brunch so popular on January 1.

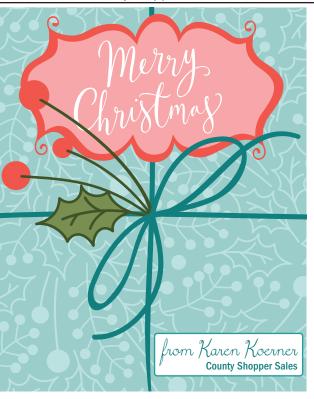
Brunch is a meal eaten



in the late morning or early afternoon - generally between the hours of 10 a.m. and 1 p.m. It consists of a blend of breakfast and lunch foods. Historical evidence suggests that brunch originated in the British upper classes in the late 19th century. Many upper-class people gave servants partial or full days off on Sundays. Staff would set out buffet spreads in the morning before leaving, enabling homeowners to graze among breakfast and lunch items.

It may be challenging to compete with the excitement of New Year's Eve, but a New Year's Day brunch can be just as memorable, especially when planning is a priority.

• Send invitations early on. The holiday season is a busy time and people often commit to invitations early on. If you want to host certain guests at the brunch, send out those invitations



several weeks in advance.

• *Keep it intimate.* Individuals will be feeling the effects of a late night of partying and it's likely you will be as well. Make things easier on yourself by keeping the guest list on the small side. In turn, there will be less food required and perhaps less mess to clean up afterward.

• Serve familiar foods. Brunch combines the best of breakfast and lunch. Guests will be expecting some of the standards, including omelets, French toast, bagels, deli meats, and salads. If you want to get creative, change up these recipes in subtle ways, such as serving French toast stick dippers with a warm maple-caramel dipping sauce or bitesized omelets baked in small ramekins.

• *Keep the coffee flowing.* Coffee, teas and hot chocolate are great at brunch. It's easier to recover from New Year's Eve overindulgence with a warm jolt of caffeine. Set up a nice beverage bar, and be sure to include other drinks that enable guests to rehydrate after a night of revelry.

• *Keep it simple.* Soft music and nice conversation may be all that's needed to entertain during a New Year's brunch. Another low-key option is to queue up a light-hearted movie or play a relatively easy trivia game.

New Year's brunches can close the door on another successful holiday season with a relaxing afternoon spent in the company of family and friends.



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FOR MORE INFORMATION contact the Heart of the Catskills Humane Society, at 607-746-3080 or stop by our office on Route 10 in Delhi.





COUNTY SHOPPER

A homeowners' guide to ice dams

Cold weather contributes to many different conditions that can affect homes.When winds are blowing fiercely, homeowners may soon discover deficits in insulation or in caulking around windows and doors. Icy conditions can cause walkways and stairs to become slick.

One winter condition can cause extensive headaches and damage and could be a mystery to many homeowners. Ice dams occur when warm air in the attic heats up the roof and melts accumulated snow. Water from this melt runs down the roof and refreezes when it reaches the colder roof edge. A mound of ice forms at the lower edge of the roofline as a result.

Ice dams may help create a picturesque winter vista, with icicles hanging and glinting in the sunlight, but they can cause significant damage. According to experts, ice dams can weigh hundreds of pounds if they get large enough, potentially affecting the structural integrity of roof eaves. In addition, ice dams can cause melted runoff to back up under roof shin-



gles. This water can eventually make its way inside, ruining ceilings and walls. The roof, gutters, insulation, interior drywall, and other home surfaces can be damaged if ice dams are left unchecked.

The following are some conditions that make a home vulnerable to ice dam formation: 1. The presence of snow

on the roof. 2. An average outdoor

2. Illi uverage butubbi

temperature that is 32 F or lower.

3. A roof surface temperature above 32 F at its higher points and below 32 F at the lower end.

4. Indoor heat making its way to the underside of the roof.

Homeowners should take a few steps to address ice dams. The first is preventing future ice dams from forming. According to First American Roofing and Siding, LLC, improving insulation in the ceiling below the attic and addressing any inefficiencies in the home is necessary. A professional can do a blower door test, which works by depressurizing the home and using a thermal camera to find areas where insulation is poor. In addition, adequate ventilation under the roof deck is necessary so cold air can circulate and prevent the attic from getting so warm that it will melt the snow on the roof.

The next step is to re-

move excess snow from the roof with a roof rake and keeping gutters clear. If ice dams have already formed, hire a professional to remove them, as it can be dangerous to do it oneself. Snow-covered roofs and landscapes can be beautiful, but also dangerous if conditions that cause ice dams to form are not addressed.





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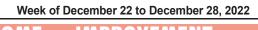
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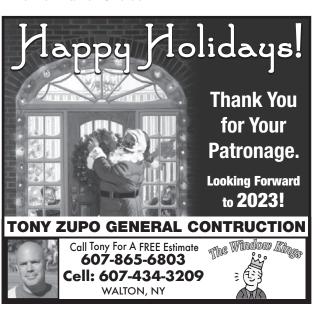
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True Kindnes Rules Heart of the Catskills Humane Society WISH LIST ITEMS

Have you ever wanted to help the Heart of the Catskills Humane Society, but was never

sure exactly what you could do? How about a little shopping?!! Below is a "wish list" of items that can be used by the Shelter. Buy one item...or many! Every little bit counts! The residents and staff of the Shelter would be most grateful for your generosity! Cut out and use the below list to make your shopping easier. **HOUSEHOLD GOODS** OR FOOD PRODUCTS: 🖵 Bleach 🗅 Comet Cleanser Paper Towels Laundry Detergent Dishwashing Gloves Dishcloths 🖵 Towels, Blankets, Sheets (gently used are okay) PET PRODUCTS: ❑ Safe Cat Toys (balls, mice, catnip, etc.)

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L Fleece for Cat Cages (rolls that can be cut and washed)

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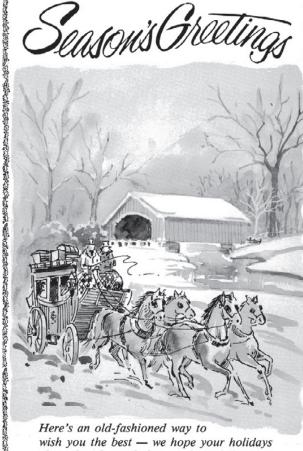
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TAILS A WAG'N

WE'RE OPEN! FORMERLY of Stamford, now located at Hobart Activity Center, 8 Pine Street, Hobart, NY 607-643-1685. Social distancing applies with curbside pick up/drop off. Grooming at Veterinary Clinic of Delhi is now closed. CB3Pdu

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Test your knowledge of the common cold

Sniffles, cough, sore throat ... these can be symptoms of any number of conditions, but are often a byproduct of the common cold.

Colds are the result of more than 200 different viruses, according to Johns Hopkins Medicine. Adults experience an average of two to three colds per year, and rhinoviruses cause most of them. The American Lung Association states that colds are minor infections of the nose and throat. Despite typically producing only mild illness, colds account for more visits to the doctor than any other condition in the United States.

People will experience many colds in their lifetimes, and this true or false quiz can test their knowledge about them.

1. Colds are highly contagious.

True: Colds most often spread when droplets of fluid that contain the cold virus are transferred by touch or inhaled.

2. Cold weather or being chilled causes colds.

False: While many colds occur during seasons when the weather is cold, transmission is likely higher then due to people staying indoors, and thus closer to one another, when temperatures dip. But the cold air itself has nothing to do with the cold.

3. Antibiotics are a known remedy for a cold.

False: Antibiotics treat bacterial infections, while colds are viral. That means antibiotics will be ineffective at helping a person recover from a cold.

4. Rhinoviruses that cause colds also can trigger asthma attacks.

True: These rhinoviruses also have been linked to sinus and ear infections.

5. Colds are sometimes serious for people.

True: People with weakened immune systems, asthma or conditions that affect the lungs and breathing passages may develop serious conditions, even pneumonia, from colds that linger.

6. Colds can't be caught from shaking hands.

False: Colds can be transferred through touch, including shaking hands. It's recommended to wash hands often with soap and water for at least 20 seconds or to use an alcoholbased hand sanitizer that contains at least 60 percent alcohol.

7. You feed a cold and starve a fever.

False: Harvard Medical School says there is no need to eat more or less than usual if you have a cold or flu. However it is important to increase fluid intake to avoid dehydration. Fluids also help keep the lining of the nose and throat from drying out.

8. Vitamin C, zinc, eucalyptus, garlic, and others are not proven cold remedies.

True: Various herbs, minerals and other products have gained a reputation as cold remedies but there are no scientific studies that support such assertions.

9. One should avoid caffeine or alcohol while experiencing a cold.

True: Alcoholic and caffeinated beverages can lead to dehydration, which is the opposite of what the body needs to recover.



No ATVs permitted on Catskill Scenic Trail CRC announces trail rules will remain unchanged

Following a user and community survey, which more than 1,300 people participated in, the Catskill Revitalization Corporation (CRC) owner and operator of the Catskill Scenic Trail (CST) which runs from Bloomville to Roxbury, has decided not to allow motorized vehicles to use the trail.

CRC received a petition in October from a group seeking permission to operate recreational off-road motorized vehicles on the rail trail.

The trail has been used for activities such as hiking, running, bicycling, riding horseback, skiing, snowmobiling and more. Motorized vehicles were not part of the original intended use of the trail.

CRC considered the petition, and crafted a survey with the goal of collecting feedback and information on how people are currently using the trail. In addition to the survey responses, the CRC also received an outpouring of letters and other communications from people who feel a connection and appreciation for the trail.

After careful consider-

ation of the information and feedback received, the CRC reflected on its mission and original policy for the trail, and as a result, the current use policy will not be changed. There will be no motorized vehicles permitted on the trail except snowmobiles, agricultural vehicles accessing fields across the trail, authorized maintenance vehicles, and handicapped accessibility devices. The trail policy is in place to best protect the safety and enjoyment of those who use it.

During the survey period, the CRC became aware of some negative impacts to private property along the trail. The CRC board and management requests that in addition to respecting the policies of the trail, users also respect the private property that borders it. This request includes not going onto people's private property and ensuring dogs are leashed while on the trail.

If there are any questions or concerns about the trail, contact Todd Pascarella, executive director of both the Delaware Ulster Railroad and Catskill Scenic Trail at director@durr.org.

Travel club raises funds, donates to Toys for Tots





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39 Elm Street, Delhi, NY 13753 **607-464-4009** contributed photo

In the photo attached is (Left to Right): Conner Hill, Connor Wayman, Tristan McVitty, Isaac Hernandez, Alyssa Maggio, Anastasia Gavette, and CJ Fairbairn.

The kids that are members of the Margaretville Community Travel Club have been hard at work to fund an educational trip to Costa Rica: An Adventure Tour in Summer 2023.

To help families pay for this trip, the Margaretville Community Travel Club organized a "holiday fundraiser special." For all monies we raised in November and December, the club members pledged to donate 20% to purchase toys for local Toysfor-Tots in order to give back to children in our community.

Through bake sales, free-will donation ornament handouts, and local businesses allowing them to place donation jars in their storefronts, the travel club raised \$1,526.31.

The club members give a special thank you to Home Goods of Margaretville for donating \$100 to their effort. The youth travelers picked out and donated over 50 toys to children in the community.



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Emergency HEAP benefit available Jan. 3

The 2022-2023 emergency benefit is scheduled to open Jan. 3 for those who meet the eligibility guidelines listed.

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Applicants age 60 and over would contact Mary Johnson at OFA at 607-832-5750.

Applications for persons receiving SNAP benefits and/or public assistance will be processed by the Delaware County Department of Social Services, 607-832-5300.

All other income applications will be processed by Delaware Opportunities Inc., 607-746-1615.

Income guidelines for the 2022-2023 HEAP season:

House	hold	Maximum
Size	Mon	thly Income
1		\$2,852
2		\$3,730
3		\$4,608
4		\$5,485
5		\$6,363
6		\$7,241
7		\$7,405
8		\$7,570
9		\$7,734
10		\$7,899
11		\$8,064
12		\$8,228
13		\$8,778
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For households over 13, add \$590 to the maximum monthly income.



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14 facts about the winter solstice

The winter solstice occurs each year during the month of December in the northern hemisphere. In 2022, the winter solstice will take place on December 21 at 4:48 p.m. EST.

Solstices are significant events that occur twice per year. One occurs in the winter and one in the summer. The winter solstice also is known as the first day of winter and occurs when the Earth's pole reaches its maximum tilt away from the sun. During the winter solstice, people will experience the shortest period of daylight and the longest period of nighttime of the year. Here are 14 fascinating facts about the winter solstice.

1. Depending on the hemisphere, the north or south pole will experience continuous darkness or twilight around its winter solstice.

2. The winter solstice sometimes is referred to by the term midwinter.

3. Even though the solstice is marked by a whole day on the calendar, it ac-

tually is just the brief moment of time when the sun is exactly over the Tropic of Capricorn.

4. The word "solstice" can be translated from Latin and means "sun stand still."

5. The Tropic of Capricorn is located at 23.5 degrees south of the equator.

6. Tourists flock to Stonehenge to track the movement of the sun. The stones will frame the sunset on the winter solstice and the sunrise on the summer solstice.

2022 DELAWARE COUNTY

Community Directory

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7. Ancient cultures viewed the winter solstice as a time of death and rebirth.

8. Important events in history have taken place on winter solstices. The Apollo 8 spacecraft launched on the solstice in 1968. Pilgrims also arrived at Plymouth on the winter solstice in 1620.

9. Each planet in the Earth's solar system has its own solstices and equinoxes.

10. The southern hemi-

sphere experiences the winter solstice in June each year.

11. A full moon on a solstice is even more rare than a blue moon. The last full moon to occur on the winter solstice was in 2010 and the next one won't happen until 2094.

12. Earth is closer to the sun around the winter solstice in December. However, the northern hemisphere receives less sunlight and has cooler temperatures because it is tilted away from the sun during winter.

13. Even though the winter solstice features the shortest amount of daylight of any day during the year, it does not have the earliest sunset. That takes place roughly two weeks prior. In 2021 in New York, the winter solstice took place on December 21, but the earliest sunset occurred on December 7 at 4:28 p.m.

14. Meteorological winter begins on December 1 rather than December 21.

make ends meet and was concerned that his finan-

cial struggles would affect his daughters' ability to find a spouse. As the legend goes, St. Nicholas was wandering through the man's town and heard of his concerns. Recognizing that the man was unlikely to accept charity, St. Nicholas slid down the chimney of his house and placed three gold balls in the girls' recently laundered stockings, which were hanging by the fire to dry. The value of the gold balls, which were discovered the following morning, was enough to ensure the girls could eventually wed. So what does that have to do with oranges? Those who wanted to replicate the tale could not so easily come upon gold balls to place in stockings, so they chose something similar in appearance: oranges.



Did you know? The holiday season is rife

with tradition. Some holiday traditions, such as holiday lighting displays, are impossible to miss, while others are more subtle and possibly even unknown to many celebrants. One tradition that falls into the latter category involves the placing of oranges into Christmas stockings. The origins of Christmas stockings are rooted in legend, and one of the more popular tales involves a widowed father of three beautiful girls. According to Smithsonian.com, this father was struggling to



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Week of December 22 to December 28, 2022 11



How to make Christmas Eve special for kids

Christmas Eve is viewed differently by different people, even those who live under the same Santaready roof. Adults may see Christmas Eve as crunch time when they must prepare food for the next day or set up presents for their children to open in the morning. Children, on the other hand, are focused on Santa's visit and little else.

Parents naturally want to make Christmastime as special as possible for their children, and that may involve ensuring that Christmas Eve is just as memorable as Christmas Day. The following are some ways to impart more magic into Christmas Eve celebrations.

Attend Mass at midnight

Practicing Christians celebrate the birth of Jesus Christ on Christmas. On Christmas Eve, churches often hold celebrations that may include late-evening or midnight masses that celebrate the birth of Christ when the calendar



switches over to December 25. While it does make for a late night, it can be thought-provoking for kids and a unique experience unlike any other.

Bake fresh cookies

Children like to leave out a plate of cookies and a glass of milk for Santa. That makes Christmas Eve a perfect time to whip up a fresh batch of cookies. Explore different recipes to come up with a unique offering each year.

Read a

Christmas story Watching television or looking at a tablet or mobile phone before bed can be too stimulating when it's time for children to wind down for bed. Choose a holiday tale or tales that can be read as a Christmas Eve bedtime story. Reciting the poem "A Visit from St. Nicholas ('Twas the Night Before Christmas)" is a great way to set the Christmas Eve mood.

Make a batch of 'reindeer dust'

Why should Santa's reindeer be left out when it comes to receiving treats? Reindeer dust, made from a combination of oatmeal, rice cereal, dried fruits, and glitter (if desired), is purported to attract Santa's reindeer and provide them a nibble at the same time. Plus, it's generally safe for other animals in the yard to eat.

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Tips and tricks for cutting out cookies

Baking is a holiday tradition in many households. The aroma of freshly baked cakes, pies and cookies wafts through the air of many homes this time of year, and that makes the holiday season even more special.

Cookies are a tradition passed down through the ages. In medieval Europe, small, spiced cookies were exchanged as treats, and people still bake and share gingerbread cookies today.

Cut cookies are some of the most popular cookies to make during the holiday season. Some families may have their share of favorite cookie cutter shapes and dough recipes. Certain techniques can make holiday baking sessions easier and ensure consistent results.

• Work on a lightly floured, cool surface, such as a cutting board or stone counter top. Never work on a warm surface, which can cause dough to spread and stick.

• Roll out the dough be-



 Cookies cut most easily when the dough is chilled. Refrigerate the dough for as long as possible, ideally an hour or more - even overnight. The more chilled, the firmer the dough will be.

• Rubber rolling pin rings that slip onto each *side of the rolling pin* can help ensure that the dough is being rolled out to a uniform thickness.

 Dip cookie cutters into flour with each cut. Work from the center and move out to the edges when cutting out your designs. Try to maximize space and avoid scraps and rerolling.

• Some expert bakers say that metal cookie cutters cut cleaner than plastic ones. Whichever cutter you use, *cut the cookie by* pressing straight down; try not to twist or jiggle the *cookie cutter* when using it. Doughs with a high butter content can help, as the extra grease helps separate the dough from the cutters.

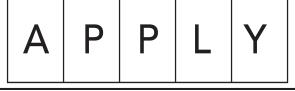
• If cut cookies have gotten warmer, place them in the freezer for a few *minutes* to firm up again and then cook. This will guarantee the cookies will not spread or distort while baking.

Extra steps may seem like they will take a lot of time. However, the extra effort and attention to detail will help produce cookies that win rave reviews.



COUNTY SHOPPER GUESS WHO ANSWER Teri Hatcher

COUNTY SHOPPER WORD SCRAMBLE ANSWFR



Go caroling

Caroling may not be the norm, but some families may want to revive it. Close-knit communities can organize family-centric caroling opportunities and roam the cul-de-sacs and other pedestrianfriendly areas singing popular songs.

Christmas Eve is a great time to embrace various traditions that help to make the season even more special.

tween two sheets of baking or parchment paper. Betty Crocker recommends a thickness of about 1/8 inch, unless noted in the recipe. This prevents the dough from sticking, and parchment enables you to easily transfer rolled-out dough to a refrigerator or elsewhere.

• When rolling out dough, portion it out into a few smaller amounts to roll out more easily. This will also help it to chill more readily.

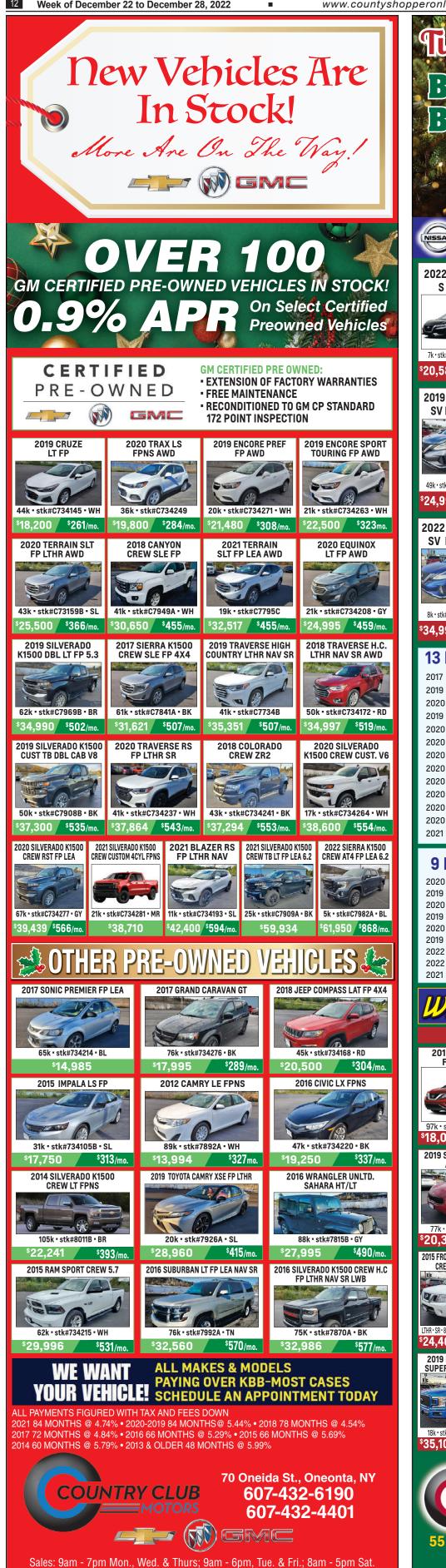
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